Tartan Toddlers

Do it at home

Mud Kitchen Café!

Cook up some fun!



What will you cook in your mud kitchen today?

Use what you have outside!

1 What you need



- Old pots, pans or bowls
- Spoons, whisks or wooden sticks
- Mud, soil or sand
- Leaves, flowers, twigs, pinecones
- Water (optional)
- A space to create and explore
- Your imagination!

Tip: There are no rules in the mud kitchen – it's all about pretend play and creativity!

2 How to play

1. Use your ingredients to make pretend soup, stew or cake!
2. Stir, mix, mash and pour.
3. Add leaves, flowers or twigs for extra flavour!
4. Serve to your family, friends or teddies.
5. Have fun and get messy!



Every recipe will be different and that's what makes it special!

3 Skills they build



- Imagination and creativity
- Sensory exploration
- Language development
- Fine motor skills
- Problem solving
- Confidence and independence

4 What it supports

- Creativity & imagination
- Early learning & language
- Sensory development
- Social skills
- Emotional expression
- Independence

5 Top tip



Add a menu board, a few natural decorations or a pretend café sign for extra fun!

We love to see little ones explore and have fun!
Please always stay close and supervise your baby at all times, so play is safe, happy and worry-free.

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Play, Learn, Grow!