Tartan Toddlers

Do it at home

Cushion Stepping Stones

Jump, Step and Balance!



Use what you have at home!

1 What you need



- Cushions, pillows or folded blankets

2 Set up



1. Place the cushions on the floor in a line or a fun path.
2. Make sure there is space around each cushion.

3 Let them explore



Encourage your toddler to step, jump or balance from one cushion to the next. Take turns and cheer them on!

4 What it supports

- Gross motor skills
- Balance
- Coordination
- Confidence
- Body awareness
- Concentration

5 Top tip



Change the path – make it straight, curvy or add extra cushions for more of a challenge!

We love to see little ones explore and have fun!
Please always stay close and supervise your baby at all times, so play is safe, happy and worry-free.

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BABY CLASSES 0-5